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1. Cut out large square along dashed lines - - - - -
2. Place printed side down.
3. Bring the four corners of the square into the center, folding along dash-dotted lines - - - - -
4. Fold inward along solid lines ———
5. Fold the square to make a rectangle, first along the vertical axis and then along the horizontal axis.
6. Using your index fingers and thumbs, slip them under the letters: e, h, y, l
7. Start with sounding out the vowel; open oragami structure by rotating wrist outwards; sound out next letter(s).
8. Open flap to read the word. Rotate the structure and repeat the same process with the next three letters (h, y, l).